CONTRA COSTA COUNTY LIBRARY COMMISSION
AGENDA ATTACHMENT 6

MEETING DATE: Thursday, July 24, 2014
AGENDA ITEM #: 12 A
ITEM: WAR INK

RECOMMENDED ACTION:
None
When Veterans Return: The Role of Community in Reintegration

Experiences of long and expensive war exposure are complex and contribute to understanding the challenge of reintegrating into civilian life and the impact on mental health. Veterans who have been physically or emotionally injured are at risk of developing PTSD. High levels of anxiety and depression are common among veterans who are caught between military and civilian cultures, feeling alienated from family and friends, and experiencing a sense of isolation.

The Veterans Service provides a variety of services, including:

- Military-connected care
- Mental health services
- Financial assistance
- Education and training programs
- Employment services

In addition to these services, the Veterans Service offers a range of support groups, including:

- Support groups for veterans
- Support groups for family members
- Support groups for caregivers

The Veterans Service is committed to providing comprehensive support to all veterans, ensuring that they receive the care and support they need to reintegrate into civilian life.